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535 male advances can be prevented from becoming dangerous. These are *digɔma*, secret things or mummeries.

The last night of the ceremony is devoted to dancing and the showing of many *digɔma*. It is *khilalawemi*, the night when one sleeps standing—that is, does not sleep at all, though, since people just take a nap any time they feel tired, the name is somewhat exaggerated. All the women of the area who wish to attend gather either in the village, from which men will be debarred, or at a secluded spot somewhere near, bringing with them mealies and nuts to roast and eat while there. There is a great deal of dancing and singing. The greatest *digɔma* are shown at about 3 a.m., after a period of comparative quiet that sets in towards midnight, when most of the people begin to doze around the fires, and these continue until dawn, when disguised figures come dancing in. Each mummery has its own meaning, but this is not clear to the initiate, who does not even see many of them. In the morning, while the girls are at the [302] river, the hut of seclusion is swept and freshly smeared. On her return, after having her head shaved along the sides and back, leaving a circular top, which is a form of hairdress much liked by girls and associated with ritual occasions, the girl is anointed with fat and, except when she is of [292] the royal family, also with ochre. She is given three skins to wear, a frontal covering, a rear covering, and a skin to wear over the shoulders like a cloak. Round her neck is a thick collarette of beads. When dressed, the girl has respectfully to salute the assembled company of women in the courtyard by lying down on one side, palms held together. Now follows a few days during which the novice speaks to no one and walks [431] with bent head, fists clenched and held to the breast. She is taken by the elder girls to greet various relations, who must *nosa* her by means of a small gift before she can rise. A month or more after the ceremony a [571] grand beer-party is given by the girl's parents for the women of the area, who, at a spot near which men are not allowed, have a dance of *digɔma*, specially disguised figures. When the novice has been through the requisite number of ceremonies, she is taken to the queen or the wife of the district head to be beaten with a stick as a sign of her graduation.

881 Boys' initiation (*vudiga*) is much more spectacular than the *khɔba*. Typically it is held by the whole tribe every twelve to fifteen years, but some district heads occasionally do not wait for the authority of the queen. The last *vudiga* upon a national scale was in 1919, but since then there have been local lodges, such as the one held by the district head Maunadala in 1937. The interval of more than twenty years is not considered extraordinary. Sometimes in the past there were delays, especially in the latter half of the reigns of queens, because, so it is said, they wished to postpone their ritual end, which coincided with the fourth initiation after their accession. In 1938–9 the *vyali*, or girls' initiation, was revived after thirty-five years, partly as a preliminary to the next boys' initiation; and if within a year or so there is a *vudiga*, it will be the third of a reign that has already lasted forty-three years. There are other reasons for the present delay. The *vudiga* involves an immense organization, brings all public activities, such as the courts, to a standstill, upsets the economic routine, and concentrates energies upon one supreme

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occasions of importance. The boys are shown several sacred objects (*digɔma*), each with its own meaning; and the proceedings end with the naming of the lodge and the new regiment that has been created. Next morning the boys remove the clay that 'disguised' them during their seclusion. They are given a loin cloth, which they wear back to front, their hair, except for a circular crown, is shaved and they are smeared with fat (not ochre among the royal Lovedu). They are 'people from the refuse heap' (*zwigwamathukhu*), a name they discard only when, a week later, their heads are completely shaved. As they leave, the lodge, with all in it, is burnt down.

The *vudiga* is not at an end yet; it has merely entered a new stage in which the discipline is further relaxed. The novices leave the lodge with double-pointed sticks, covering with their hands the two ends, which are fashioned like the *glans penis*. In that manner they go about whenever they are in public; the action is said to impress upon them the necessity of concealing the object and meaning of circumcision. When they arrive at the village their mothers appear dancing with joy and choose out their sons, not always correctly, because their heads are bent down and their bodies have grown a good deal in the lodge. A goat is killed for them; it is the goat 'of vomiting the rats', for as men they must cast out the things of their childhood. Then for the next week they are in a state of semi-seclusion, but there are still many observances. They appear in public only in the bent, humble attitude, they carry their sticks, and they wear their loin cloths the wrong way round. Nevertheless, the 'gathering up' (*hu aluha*) into the society proceeds apace. They have a special enclosure made for them in the veld, the *khikhudɔ* (hiding place or secluded spot), in which they spend some time of the day. But they are scattered, as each group of villages has its own secluded spot; and their separateness and solidarity is further broken up by sleeping at home and herding for their own people. They do not speak, especially not to women, but at night at home they have contests of riddles (*nyɛbo*) with the old women who come to visit them, exactly as after a marriage ceremony. This stage ends with the 'seizing of the lion' (*hu tswara dau*). One night the shepherds go out with bullroarers, the whirling of which produces the roar of the lion. The boys give chase and he who catches the 'lion' is praised by the old men.

Finally come the last ritual acts. The boys are taken down to the river to lift the 'stomach of the cow', a log tied to a stone in a pool, and then to 'kindle a fire on the river' (done on a log in the water), for a man must be both strong and clever; he must be able even to make fire in the water. After these tests there is the final ordeal at the cave to which the boys are taken one by one, are beaten and given their last admonitions. At the cave the double-pointed stick is discarded, the fat removed from their heads and, if two brothers have attended the same lodge, the elder beats the younger on the way home to remove the presumption of belonging to the same regiment. At home the initiate's mother must *nosa* him by a gift to 'open his mouth', and next day each of the boys, accompanied by a shepherd, goes to visit some relative, who will feast him with meat and beer.